

# South End

"The Holistic, family friendly, health & racquet club in the South Bay"

South End Racquet and Health is an elite club with a resort atmosphere. There are over seven acres of beautifully manicured grounds located at the base of the Palos Verdes Peninsula. Whether your passion is competitive or social racquet sports, health and fitness, or family fun, South End has it all!

> www.southendclub.com 2800 Skypark Dr, Torrance, 90505



## **SPRING PROMO**

DISCOUNT ON ENROLLMENT

#### **CONTACT US!**

# Inquire

<u>Email</u>

<u>s@southendclub.com</u> (Membership)

info@southendclub.com (General)

#### <u>Phone</u>

310-530-0630 (Reception)



- **Tennis:** 9 Courts & Access to our Tennis program
- Pickleball: 9 dedicated Courts & Access to our Open Play Drop-Ins
- Racquetball: 2 Courts
- Squash: 2 Courts
- Padel: 2 Courts

### What We Offer:

<u>Memberships</u> Plans for Singles, Couples & Families

#### <u>Hours</u>

Weekdays: 6 AM - 9 PM Weekends: 7 AM - 6 PM 7 AM - 7 PM (Summer)

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# Health & Fitness <u>Amenities</u>



Multiple Weight & Cardio Facilities

Lap Pool with a large free swim area & a Kid's Pool





Sauna, Steam Room & Multiple Spas

Wide range of group exercise classes





Resort style Lounge & Restaurant, Coffee Bar & Seasonal Outdoor Cafe

www.southendclub.com

#### Outdoor Strength Area





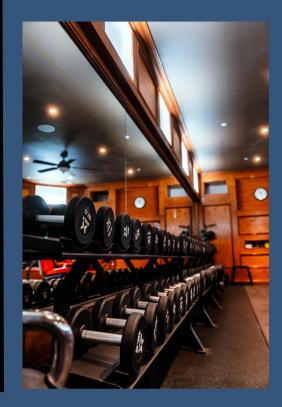
# **Gym Facilities**





#### Women's Gym

#### Free Weight Room





### Outdoor Lap Pool

Pools

### Beach Entry Kid's Pool

















Yoga



Spin

Aerobics

Mat Pilates





Dance

And More!



Schedule <u>Here</u>



**Group Exercise Classes** 

Memberships include access

to a variety of classes!



No sign up. Just show up!



Semi-Private reformer pilates classes available!

#### <u>Guest Policy</u>

- Guest Fees: \$20 for Adults and \$15 for Kids under 14 years old.
- Bulk Guest passes can be purchased at \$160 for 10x entries (20% off).
- The maximum number of guests at a time is 2 per single & couple, and 4 for families.



# **General Info**







#### <u>Reservation Policy</u>

- Reservations for pool lanes and all racquet courts can be made up to a day in advance.
- Drop-in reservations can be made if there is availability.
- Reservations can be made through our member app or through reception, either in person or by phone.



# **Child Care**



## **Information**

Best for ages 6 weeks to 7 years of age.

Maximum time limit: 2 hours

Children do not need to be on your membership plan to just utilize the child care facility.





#### <u>Hours</u>

**Mon - Fri:** 8:30 AM - 1:30 PM & 4 PM - 8 PM

Sat, Sun: 8:30 AM - 2 PM

#### <u>Fee</u>

\$6 per hour (Discounted bulk cards available for purchase)



Submit a membership form by clicking or tapping

here!