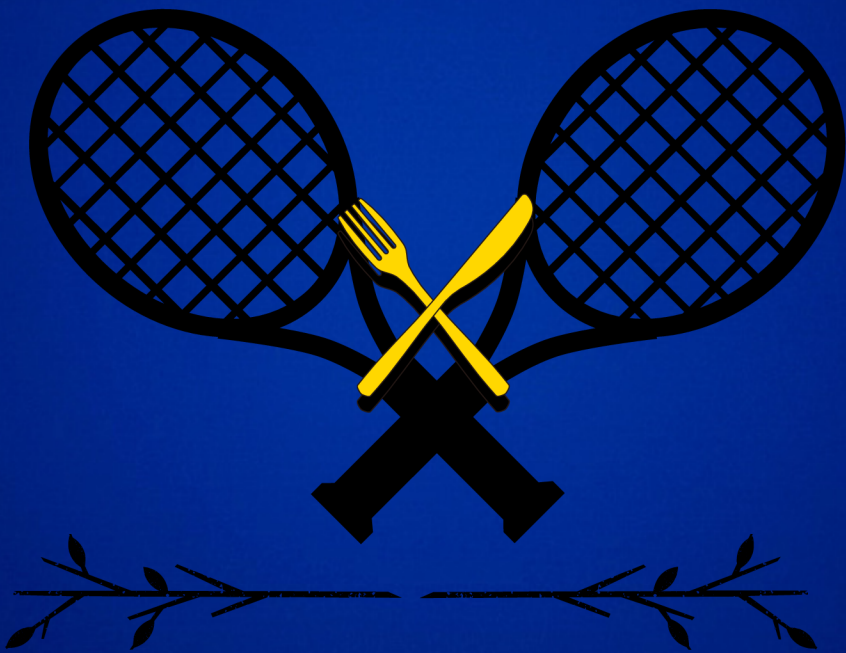




SOUTH END  
**LOUNGE**  
 MENU



*South End*  
 RACQUET & HEALTH CLUB

All prices of taxable items include sales tax reimbursement computed to the nearest mill.



# SALADS & VEGGIES

## CAESAR SALAD | \$11

Crisp Romaine Lettuce Tossed in our House Made Caesar Dressing. Topped with Croutons and Freshly Grated Pecorino Cheese.

## AVOCADO SALAD | \$12

Romaine Lettuce, Avocado, Sweet Corn, Tomatoes, Cucumber, Avocado Dressing Topped with Roasted Pumpkin Seeds.

## AVOCADO QUINOA SALAD | \$12

Romaine Lettuce, Avocado, Kale, Jicama Strips, Cilantro, Tomatoes, Quinoa, Corn, Cotija Cheese and Chipotle Vinaigrette Dressing.

## PESTO VINAIGRETTE SALAD | \$12

Mixed Greens, Romaine Lettuce, Tomatoes, Carrots, Red Bell Peppers, and Candied Pecans.

## SEARED AHI SALAD | \$17

Mixed Greens, Cucumbers, Tomatoes, Sliced Avocado, Cajun-Seasoned Crusted Ahi Tuna, and Tomato Ginger Dressing.

## CAPRESE SALAD | \$13

Mixed Greens, Cherry Tomatoes, Mozzarella, Basil, Balsamic Reduction.

## ADD ONS

### GRILLED CHICKEN | \$8

Seasoned Grilled Chicken Breast.

### PANKO BREADED SPICY CHICKEN | \$8

Panko Breaded and Fried Chicken Breast tossed in Buffalo Sauce. 🌶️

### GRILLED SALMON | \$12

Seasoned Grilled Atlantic Salmon.

# APPETIZERS

## HOUSE FRENCH FRIES | \$8

Hand Cut Potatoes. Chili, Cheese, Onions +\$4

## SHRIMP & FRIES BASKET | \$15

Breaded and Fried Shrimp and a side of Fries.

## SPINACH AND ARTICHOKE DIP | \$13

Cheesy Dip with Pasilla Peppers with a side of Homemade Tortilla Chips, Celery and Carrots.

## OVEN ROASTED BRUSSELS SPROUTS | \$12

Roasted Brussels Sprouts With Freshly Shredded Parmesan Cheese.

## HOUSE CHIPS AND SALSA | \$6

Home Made Tortilla Chips Served with Salsa Made From Scratch. Add Guacamole +1. 🌶️

## BUFFALO WINGS HALF DOZEN | \$12

Classic Buffalo with side of Bleu Cheese Dressing. Served with Carrots and Celery. 🌶️

## HOMEMADE CHILI BOWL | \$13

Ground Beef, Tomato, Carrots, Zucchini, Chipotle Garlic, Onions, Topped with Cheese and Onions.

# KIDS

Comes with Fountain Drink, Milk or Oj. Freshly made Lemonade or Arnold Palmer+\$1

## BEEF SLIDERS W/CHEESE | \$12

2 Angus Sliders with Meat and Cheese only and a side of Fries.

## GRILLED CHEESE | \$10

American Cheese on White Bread with a side of Fries and Ketchup.

## CHICKEN TENDERS | \$11

3 Breaded Chicken Breast Tenders with a side of Fries and Ranch.

## FISH STICKS | \$11

Breaded Swai White Fish with a side of Fries, Ketchup and Tartar Sauce.



# PLATES

## SLIDERS TRIO | \$16

An Angus Beef Slider, A Spicy Panko Chicken Breast Slider, and a Seared Ahi Tuna Slider. All Include Lettuce, Tomato, and Onion.

## SALMON PLATE | \$20

Grilled Salmon with Lemon Caper Sauce served with Sautéed Veggies and a side of White Rice.

## MONGOLIAN CRISPY BEEF | \$16

Tri Tip Beef, Green Peppers, Onions, in Ginger Soy Marinade served with a side of Rice.

## QUESADILLA | \$10

Mozzarella and Cheddar Cheese in a 14 inch Flour Tortilla Served with House Salsa and Guacamole. Add Tri Tip or Chicken +\$3.

## VEGGIE QUESADILLA | \$12

Mushrooms, Zucchini, and Onions with House Salsa and Guacamole. Add Tomatoes or Jalapeno +\$1

## AHI TUNA POKE BOWL | \$17

Freshly Marinated Raw Tuna, Avocado, Tomatoes, Cucumbers, served with White Rice.

## GRILLED SKEWER PLATE | \$18

A House Seasoned Ribeye Skewer, A Chicken Skewer with Lemon Glaze, and a Seasoned Shrimp Skewer with a side of Salad with Tomato Ginger Dressing.

## FARFALLE PASTA | \$12

Farfalle Pasta in Creamy Chipotle Sauce. Includes Corn, Tomatoes, Onion, Zucchini, and Parmesan Cheese. Add Grilled Chicken +\$8. Add Spicy Panko Chicken. +\$8 Add Grilled Salmon. +\$12

# PIZZAS

## 10 INCH HANDMADE PIZZAS

We make our own beer dough featuring Firestone 805.

### CHEESE PIZZA | \$14

Classic Mozzarella Cheese and our Home Made Tomato Sauce.

### PEPPERONI PIZZA | \$15

Classic Mozzarella Cheese with Pepperoni and our Home Made Tomato Sauce.

### BUFFALO CHICKEN PIZZA | \$15

Chicken Breast Tossed with Buffalo on Bleu Cheese Sauce topped with Roma Tomatoes and Green Onions.

### MARGHERITA PIZZA | \$15

Fresh Mozzarella Cheese, Our Home Made Tomato Sauce and Basil.

### BBQ CHICKEN PIZZA | \$15

Chicken Breast with Onions with a Sweet and Savory BBQ Sauce.

### MUSHROOM PIZZA | \$14

Sautéed Seasoned Mushrooms and Onions on our Home Made Tomato Sauce.

### EXTRA TOPPINGS | \$1 EA

Pepperoni Chicken Mushrooms  
Bellpeppers Tomatoes Zucchini  
Onions Jalapenos Olives Garlic



# BURGERS & SANDWICHES

All include a side of fries but can be substituted with Side Salad

Add Bacon or Avocado +\$4.

## GRILLED CHICKEN SANDWICH | \$17

House Seasoned Grilled Chicken Breast on a Brioche Bun with Mayo, Lettuce, Tomato, Onion with a side of Fries.  
Add Cheddar Cheese +\$1.

## PANKO FRIED CHICKEN SANDWICH | \$17

Panko Breaded, Fried Chicken Tossed in Buffalo Sauce with Lettuce, Tomato, Onion on a Brioche Bun with Bleu Cheese Sauce Served with a side of Fries.

## PHILLY CHEESE STEAK SANDWICH | \$18

Tri-Tip Beef, Green Chili, Red Bell Peppers, Mozzarella, Mayo, and Onions with a side of Fries.

## TURKEY CLUB SANDWICH | \$16

Smoked Turkey, Bacon, Lettuce, Tomato, and Mayo on Sourdough Bread served with a side of Fries.

## SOUTH END ANGUS CHEESEBURGER | \$18

Hand Formed 1/2 Pound Certified Angus Beef Patty on a Brioche Bun with Lettuce, Tomato, Onion, and Mayo served with a side of Fries.

## MUSHROOM CHEESEBURGER | \$18

1/2 Pound Angus Patty with Mushrooms, Swiss Cheese, Grilled Onions, Lettuce, Tomato, Mayo on a Brioche Bun with a side of Fries.

## SOUTH END ANGUS CHILI CHEESEBURGER | \$21

Hand Formed 1/2 Pound Certified Angus Beef Patty on a Brioche Bun with Lettuce, Tomato, Onion, and Homemade Chili, served with a side of Fries.

## VEGGIE CHEESEBURGER | \$17

Black Bean Veggie Patty with Cheese on a Brioche Bun with Lettuce Tomato, Onions and Mayo, served with a side of Fries. Vegan Option - No Bun, Cheese, or Mayo

# BEVERAGES

Complimentary refills on fountain drinks and coffee only. No refills on juices.

COKE	\$3	COFFEE	\$3
DIET COKE	\$3	FRESH LEMONADE	\$4
SPRITE	\$3	ICED TEA	\$4
CRANBERRY JUICE	\$3	ARNOLD PALMER	\$4
ORANGE JUICE	\$3	RED BULL	\$5
PINEAPPLE JUICE	\$3	PERRIER	\$5
BOTTLED WATER	\$2		

# DESSERT

## HOME MADE ICE CREAM SANDWICHES | \$6

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS