



SOUTH END SPORTS CAMP

South End Racquet
and Health Club
2800 SkyPark Drive
Torrance, CA 90505
Phone: (310) 530-0630
Email: sportscamp@southendclub.com

Parent Information Sheet

CAMP HOURS: Monday-Friday: 9am – 3pm. Check in at Court 7

BEFORE/AFTER CARE: Before care is provided from 8am-9am and after care is from 3pm- 6pm; it is \$15/hour per child. All before/after care will be totaled and charged at the end of the week (cc# on file is required).

ACTIVITIES: Campers participate in several sports throughout the club including tennis, pickleball, racquetball, basketball, swimming, and kickball. For the younger camper, we offer arts and crafts as well.

RATIO: The campers are divided by age. Campers are well supervised at all times throughout the club. Ratio is 8 campers to 1 counselor

SWIMMING: Open swimming is held Monday through Friday from 1pm -2:15pm during the same time. Group lessons are available at \$100/week Monday thru Thursday. Camp staff, as well as a certified lifeguard, will supervise campers, at all times while in the pool. Younger children, with less swimming experience, will stay in the smaller pool (1.5' - 4.5' deep). Parents are responsible for informing the camp director if their camper has any limitations (i.e. can/cannot swim or uncomfortable in pool); the camp staff will follow these limitations to the best of their ability.

TENNIS: Campers will participate in one hour of tennis instruction that is held Monday through Thursday. This is group instruction; children are split among tennis courts and taught by South End USPTA tennis staff.

LUNCH AND SNACKS:
Lunch Schedule:
Monday: Chicken Nuggets
Tuesday: Hamburgers/Cheeseburgers
Wednesday: Hot Dogs
Thursday: Macaroni/Mac and Cheese
Friday: Pizza

Mon-Thu: Every meal comes with a side of fries and we allow substitutions for Grilled Cheese. Your child may bring his/her own lunch - No Peanut Butter).

Snack consists of Chips & Fruit. Water and Juice are easily accessible to campers and provided daily.



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TARDINESS/ ABSENTEEISM:

Campers are to be signed in to camp by 9:00am each morning. If your child will be late or absent from the camp, as a courtesy, we ask you to please contact South End front desk (310-530-0630) who will relay the message to the camp director. We ask you to please consider the other children in the camp and keep your child home if he/she is not feeling well.

If your child is being picked up early, please notify the camp director at least one night before.

No pickup during swim time (1:30pm- 2:30pm).

WHAT TO SEND WITH YOUR CHILD:

Campers should wear comfortable, **sports shoes (not crocs)**, and play clothes.

Sandals are only permitted at the pool area. Please have your child to bring the following items daily:

- Backpack
- Sunscreen
- Swimsuit
- Towel
- Hat (optional)
- Tennis racquet (if he/she has one)
- Floaties (if needed)

Each child will keep his/her belongings in the JAWS locker room.

LOST AND FOUND:

South End Racquet and Health Club assumes no responsibility for lost or stolen items; please label all belongings with permanent marker. If something is misplaced, check the camps lost and found bucket or front desk lost and found. Unclaimed and found articles will be discarded at the end of each week.
